



Going Deeper Questions  
Repurposed  
Brynn Harrington 03/20/2022

**Sermon Scripture Passage**

Mark 1:32-39

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**Fun icebreaker question**

What's your favorite TV show of all time?

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**Discipleship Cycle: Debrief & Interpret**

Did anyone do a Clothing Fast last week? What did you learn about yourself? What habits did you notice? What was difficult or surprising? How did God speak to you?

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**Quick Review: What stood out to you from this week's passage?**

Looking back at your notes from this week's passage and sermon, was there anything you heard for the first time or that caught your attention, challenged or confused you?

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**My Story**

1. Rate yourself on a scale of 1-10. How plugged in do you think you are? Would your family and friends agree or disagree with your answer?
  2. What benefits and drawbacks do you see from social media/TV/internet in the world? What about in your own life?
  3. What feelings does your media consumption produce in you?
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## **Dive Deeper**

1. Read Mark 1:32-39 and Matthew 14:22-23. What do you notice about the things that threaten to distract Jesus from his calling? What do you notice about the things that distract us from Jesus?
2. Read Proverbs 6:6-11. What forms of “poverty” and “scarcity” can spending too much time on social media or TV inflict on us?
3. How much time do you spend consuming media compared with how much time you absorb biblical truth? Do you need to make any adjustments?
4. How do you imagine life would be with less media? Where do you feel God inviting you to cut back?
5. How can you redirect your media and technology time to become time invested in relationships with others, with God, and with yourself?

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## **Discipleship Cycle: Respond Actively**

Try one of the Media Week Fast ideas from the Guidebook this week!

<https://www.highrocknorthshore.org/sites/default/files/Repurposed-Guidebook-Lent-2022.pdf> What do you think you'll try?

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## **A special question for couples and families**

Pastor Brynn shared about a Barna Study in which researchers asked kids: “If you could change anything about your relationship with your parents, what would you say?” Almost across the board, the kids said, “I wish my parents would get off their screens and talk to me.” (You can read about the study in Andy Crouch's book *The Tech-Wise Family*) If you have some time in group, feel free to watch this 7-minute TED talk - “How Every Child Can Thrive By Five” ([https://www.ted.com/talks/molly\\_wright\\_how\\_every\\_child\\_can\\_thrive\\_by\\_five?language=en](https://www.ted.com/talks/molly_wright_how_every_child_can_thrive_by_five?language=en)) How does all of this land with you as a parent? How can our own media choices affect our children's development as people? As followers of Christ? This is a challenging time to parent! How can we support one another, without judgment, in making adjustments in our households?

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