



Going Deeper Questions
Yes, and...
Brynn Harrington 03/06/2022

Sermon Scripture Passage

Isaiah 55:1-2; Matthew 5:6; Matthew 25:31-40

Fun icebreaker question

If you could choose your last meal, what would it be?

Discipleship Cycle: Debrief & Interpret

Is anyone planning on trying a Food fast this week from the Repurposed Guidebook?

(https://us9.campaign-archive.com/?e=test_email_&u=a54e60f4340465700878ecf41&id=83119dbdc4) What are you planning? What do you want to learn about yourself? What habits might you notice? What are some potential difficulties? How do you want to hear from God?

Quick Review: What stood out to you from this week's passage?

1. Looking back at your notes from this week's passage and sermon, was there anything you heard for the first time or that caught your attention, challenged or confused you?

2. Re-read Matthew 5:6. How does the biblical concept of righteousness and justice connect with our hunger? Why would Jesus connect the concept of compassion with our guts/stomachs? How can our own hunger awaken our compassion for neighbors?

My Story

1. Why do you think Christians have separated the concepts of saving souls and feeding bodies? Think about your own past experiences in the church. Which part of the picture (social justice or evangelism) was emphasized? What could have used more emphasis? Which of these two concepts is easier for you, personally, to gravitate toward?
2. How are these two ideas connected in the Bible?
3. What keeps you from embracing the other emphasis (fear, time, skepticism, etc.)? Where might God be inviting you to grow in this area?

Dive Deeper

1. What do you know about food distribution and food insecurity in the world? What is our responsibility as Christians to engage with it? What are some practical ways we, as Christians, can live out Jesus' words in Matthew 25:31-40? How might you take a next step in being a part of that in your own life?
2. How could food become an idol in our lives that distracts us from God's Kingdom?
3. Does your lifestyle influence your food choices or do your food choices influence your lifestyle? 4. What are some ways that you could pursue generosity in your food choices?

Discipleship Cycle: Respond Actively

Repurpose (choose one idea to practice generosity):

Sunday Food Drive: Bring non-perishable food items to church on Sunday. We will make a donation to Beverly Bootstraps together!

Volunteer at the Highrock Outreach Meal on March 9th.

Bring a freezer meal to someone who has recently gone through a life

transition or health issue - don't ask, just make it and drop it off!

Invite someone over for dinner, preferably someone you haven't gotten to know. *Think outside your immediate circles - is there someone from a different generation, socioeconomic situation, or culture who you can reach out to and get to know? If you have kids, invite them to help choose who to invite, ask them to help you plan and prepare the meal, and delegate hospitality responsibilities to them!

A special question for couples and families

How can we teach our children to eat with intention and generosity? What are some ways your family has engaged with healthy and/or compassionate eating that you can share with the other parents in the group? How can we brainstorm some practices together?
