



Going Deeper Questions  
Sex  
Brynn Harrington

**Sermon Scripture Passage**

1 Corinthians 6:12-20

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**Fun icebreaker question**

Did you get a "sex talk"? What was it like for you?

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**Discipleship Cycle: Debrief & Interpret**

Last week's Debrief & Interpret question was:

"Most of the stories about expansive intimacy shared in the sermon were from everyday, ordinary experiences, like praying with a friend during the commute to work, and inviting a Lifegroup community to help pack for a move. Is there a small way you can more deeply invite a friend or someone in your community into the life you already have this week, by sharing an easy meal, running errands together, meeting at a park with your kids, etc.?"

What did that look like for you this week?

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**Quick Review: What stood out to you from this week's passage?**

Looking back at your notes from this week's passage and sermon, was there anything you heard for the first time or that caught your attention, challenged or confused you?

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## **My Story**

1) This Sunday's passage addressed some of the church's messages about sex and sexuality. What were some of the messages you received from your family or from the church that helped or harmed your understanding of sex?

2) What deeper impacts did you see those messages play in your self-understanding? In your understanding of others?

3) How does our calling as Saints (1 Cor. 1:2-4) impact how we understand our bodies and our calling as disciples of Christ? What is the difference between believing in our identity as Saints and understanding our \*behavior\* as the thing that makes us pure or impure?

4) How does the physical act of sex express the God-given desire to know and be known? What happens when we separate our sexuality from our spirituality?

5) How is a marriage covenant intended to reflect the love of Christ? How is sex a part of that?

6) What does it look like for us as a church to connect with and include those who are single and don't want to be? How can we hold space for lament with them as they long for a romantic partner, even while we include them in other kinds of intimate knowing as a community?

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## **Dive Deeper**

Let's re-read 1 Corinthians 6:12-20 one more time.

- Circle / highlight any words or phrases that catch your attention.
- Underline what you think is important to remember.
- Put an X next to anything that confuses you.

\*Faith: What is this passage asking me to believe about God or myself?

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\*Hope: What hope does this passage offer us as God's people?

\*Love: What is this passage asking us to do? How do we put these words into action in our lives?

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### **Discipleship Cycle: Respond Actively**

If you're married and it feels safe to do so, initiate sex with your partner as a way to express your commitment this week. Tell them how deeply you love them and share one thing about them that reflects Christ's love to you.

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### **A special question for couples and families**

What are some of the things that make intimacy in marriage difficult? How can we support one another's marriages in deeper knowing? What are some ways we can talk with our kids about sex in a way that avoids the pitfalls of purity culture? How can we support other parents and caregivers in that?

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