



Going Deeper Questions
Pornography
Brynn Harrington

Sermon Scripture Passage

1 Corinthians 6:12-20

Fun icebreaker question

What is one thing most people don't know about you?

Discipleship Cycle: Debrief & Interpret

Last week's Discipleship Cycle invited married couples to tell one another how deeply you love each other and share one thing about the other person that reflects Christ's love to you (among other things). What was it like to share those things?

Quick Review: What stood out to you from this week's passage?

Looking back at your notes from this week's passage and sermon, was there anything you heard for the first time or that caught your attention, challenged or confused you?

My Story

1) What are some ways that you see our culture being inundated with sexual imagery? How has that impacted you?

2) We often associate pornography with men, but Pastor Brynn shared

statistics about women looking at pornography regularly as well. What are your thoughts on these trends? Why would both men and women be tempted by pornography in our society? What about Christians?

3) In the sermon, we shared an alternative interpretation of 1 Cor. 6:12: "I have liberty to do anything - but I will not let anything take liberties with me." What does it mean for something to "take liberties" with us? How does that relate to pornography?

4) If one of our core human desires is to "know and be known," how does pornography promise a hint of that? Considering the dopamine hits that pornography promises, what makes it dangerous for body and mind?

5) Pastor Brynn reframed 1 Cor. 6:18 as "Flee from pornography. All other sins a person commits are outside the body, but whoever looks at pornography hurts their own brain chemistry." What are your thoughts on that?

Dive Deeper

1) How does pornography interact with the greatest commandments we find in Mark 12:30-31?

2) In the sermon, we talked about pornography as a justice issue. How do those ideas land with you?

3) In the book Atomic Habits, James Clear writes: "when your behavior and your identity are aligned, you are no longer pursuing behavior change. You are simply acting like the type of person you already believe you are." How does this impact how we interact with a habit or addiction (to porn or anything else?)

4) What do 1 Corinthians 6:14-15, 19-20 have to say about our identities when it comes to pornography (or other habits we'd rather hide)?

5) Why would confession to another person be important to healing from these things?

Discipleship Cycle: Respond Actively

This week's sermon is about looking for intimacy in the wrong places. What is one way you can look for intimacy in the real world, and in a real relationship in the right way this week?

A special question for couples and families

For spouses: In the sermon, Pastor Brynn talked about "miswanting" - when our desire for connection goes awry. If that happens in a marriage, how can we support and protect one another? How can we make space for intimacy to protect one another from going in the direction of miswanting?

For parents/caregivers: How do we approach our kids about pornography? What are some ways we can help give a framework for what they might experience on the internet? (Also, save the date for a Zoom call with Sarah Cowan Johnson on Feb.1 after bedtime to talk about tech/media!)
